

Empowered Mind Services

Role Description

Job Title	Volunteer Counsellors/Counselling Students
Service	Empowered Mind Services
Base	Brixton
Reports to	Volunteer Coordinator/ Director

Purpose of role

Are you a BACP registered or accredited counsellor (to a minimum of level 4) or a second-year counselling student on a level 4 (or above) diploma? Do you want to work in an environment where you can use your counselling skills to help impact others within the community positively, where you can support others to come into a full sense of themselves.

To become a volunteer counsellor at EMS, you will need to demonstrate that you have an insight into the issues facing the Global Majority. You must be committed to our mission to reduce the stigma around mental health by providing a service that is empathetic towards difference and diversity, understands culture and seeks opportunities to become more informed.

You will be expected to work in accordance with BACP guidelines and within our framework for counselling services, which promotes therapeutic safety and sound clinical governance.

Key responsibilities

- Understand and follow BACP ethical frameworks and codes of practice.
- Work within your level of competency.
- Ensure timely records in line with our information governance requirements.
- Receive regular clinical supervision and line management.
- Follow our policies and procedures e.g., safeguarding adults.

General terms of reference

In carrying out the above duties the post holder will:

- Help us offer the best possible service to all who are referred for counselling.

- Perform your volunteer role to the best of your ability.
- Adhere to all our relevant policy, procedure, and training requirements.
- Meet all mutually agreed time commitments and standards, giving reasonable notice so other arrangements can be made when this is not possible.

Person Specification

Education Knowledge and Experience

Counselling students

- Must be in the second year of level 4 diploma (or above).
- Must have undertaken a minimum of 10 personal therapy hours.
- Must be a member of, or in process of applying to join, the BACP/equivalent.

Volunteer counsellors

- Must hold a level 4 diploma (or above).
- Must be a registered or accredited member of the BACP/equivalent.

Both roles

- Attend regular clinical supervision and any additional line management.
- Demonstrate a high level of verbal/written communication.
- Able to develop and maintain the therapeutic alliance.
- Maintain appropriate professional boundaries.
- Awareness of the issues experienced in the Global Majority Communities within the mental health industry e.g., stigma, poverty, discrimination, and marginalisation.

This post is subject to a DBS/PVG check at an enhanced level.